



# *Certificate of Completion*

This is to certify that

***Mr. Erik Thau-Knudsen***

has successfully completed the  
**Hostile Environment Awareness Training (HEAT) Course**  
held at the DEMA Staff College, Denmark, during 12 to 15 May 2014

Susanne Kristensen  
HEAT Course Director, DEMA

## HEAT course objectives and main elements covered

### Overall objectives:

- to increase the participants' awareness of safety and security issues in hostile environments; and,
- to provide participants with the skills and tools necessary to deal with and reduce different types of - known and unknown - risks and threats.

This residential course has comprised theory, learning labs, team-based assignments and extensive field exercises in conditions that realistically simulate hostile environments. The following main elements have been covered during three days of intensive action learning:

- Team building
- Threats, risk & vulnerability assessment
- Standard operational procedures (SOPs)
- Mission preparation and experience
- Maps, compass, GPS & tracking systems
- Radio & satellite communication
- Health trends & tendencies in disaster scenarios
- Advanced first aid under primitive conditions
- Situational awareness
- Building assessment & elementary fire extinguishing
- Emergency vehicle repair & recovery
- 4x4 test driving in rough terrain
- Psychosocial welfare, managing body and mind in stress
- Kidnapping and hostage survival
- Weapons, mines and improvised explosive devices (IEDs)